

PRODUCT SUMMARY

Black pepper oil is a classic ingredient in many perfumes and foods. Young Living's Black Pepper Vitality™ is the multipurpose essential oil that offers antioxidant properties, which help protect against oxidative stress to support a healthy lifestyle. It even supports healthy weight management and digestive wellness when combined with a healthy lifestyle.

Its distinctive flavor makes it a common addition to many recipes, from appetizers to entrees. Use Black Pepper Vitality instead of ground black pepper to spice up your favorite soup, rub, or marinade recipes.

KEY INGREDIENTS

100% pure, Seed to Seal®-certified Black Pepper essential oil

EXPERIENCE

Black Pepper Vitality™ delivers a sharp, spicy, peppery flavor to any dish.

PRODUCT BACKGROUND

Black pepper is the most common and potent flavoring of the peppercorn family. Add this cherished seasoning to your kitchen with a convenient bottle of Black Pepper Vitality™.

You can find Black Pepper Vitality essential oil in Young Living's invigorating sparkling drink, NingXia Zyn®. The warm flavor of Black Pepper Vitality balances the sweet blend of Lime essential oil and wolfberry puree for a light, refreshing way to get through your 3 p.m. slump.



Dietary



Dilute

BENEFITS & FEATURES

- Contains antioxidant properties, which help protect against oxidative stress*
- Supports digestive wellness when combined with a balanced diet*
- May support a healthy lifestyle*
- Supports healthy weight management with a balanced diet and exercise*
- Sharp, spicy, peppery flavor
- Use to enhance the flavor of your favorite dishes, marinades, dressings, meats, vegetables, soups, and stews

SUGGESTED USE

- Add 1-2 drops of Black Pepper Vitality and 2 drops of V-6™ Enhanced Vegetable Oil Complex to a vegetarian gel capsule and take daily as a dietary supplement or as needed.
- Use in marinades and rubs for pork, beef, poultry, or seafood, or add to roasted vegetables and homemade salad dressings.
- Add to a salsa fresca or guacamole for a hint of sharp, peppery boldness.
- Use to flavor pasta, rice, mashed potatoes, and deli salads.

BLACK PEPPER VITALITY™



DIRECTIONS

- Dilute 1 drop with 1 drop of carrier oil.
- Put in a capsule and take up to 3 times daily.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

ALSO AVAILABLE

An important ingredient in NingXia Zyng® and NingXia Nitro®

Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Black pepper (<i>Piper nigrum</i>) fruit oil	60 mg**

**Daily Value (DV) not established.

OTHER INGREDIENTS

Black pepper (*Piper nigrum*)† fruit oil

† 100% pure essential oil

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Black Pepper Vitality™ on its own?

A. Dilute 1 drop of Black Pepper Vitality with 1 drop of carrier oil in a capsule and take up to 3 times daily or as needed. Substitute Black Pepper Vitality for fresh Black Pepper in recipes. Add 1-2 drops to water, tea, or smoothies.

Q. Can Black Pepper Vitality be diffused or applied topically?

A. No. Black Pepper Vitality is not labeled for aromatic or topical use.

Q. How much Black Pepper Vitality oil should be used when substituting for ground black pepper in recipes?

A. Because of the oil's high potency, start by dipping a toothpick in the oil and swirling it through the ingredients. This will provide a light Black Pepper flavor in your dish. Add more as needed.

Q. Does Black Pepper Vitality contain GMOs?

A. No. Black Pepper Vitality, along with all of Young Living's Vitality oils, is Non-GMO Project verified.

COMPLEMENTARY PRODUCTS

Thieves® Vitality™
Item No. 5631



Basil Vitality™
Item No. 5583



NingXia Zyng®
Item No. 3071



NingXia NITRO®
Item No. 3046

