

PRODUCT SUMMARY

A major immune boon, Cilantro Vitality delivers support for your healthy immune system. Keep your defense systems at 100 percent and do your overall wellness a favor with just a couple daily drops of Cilantro Vitality. Whether you want to take it in a vegetarian capsule or use it to add a bright, piquant flavor to Latin American and South Asian recipes is up to you!

- Stay well for when it really counts. Cilantro Vitality promotes overall wellness and supports a healthy immune system.
- This fresh essential oil promotes internal cleansing and supports a healthy digestive system when combined with a healthy lifestyle.
- Add that little extra something to your Latin American and South Asian recipes with a drop or two of green, crisp, piquant cilantro flavor.

KEY INGREDIENTS

100 percent pure, Seed to Seal-certified Cilantro essential oil from Egypt

EXPERIENCE

Cilantro Vitality has a fresh, pungent, and pleasantly sweet flavor that elevates popular dishes from around the world. It also helps keep your immune and digestive systems on track while delivering a boost to your overall wellness.

PRODUCT BACKGROUND

Cilantro has been found in ancient Egyptian tombs, and its fragrant leaves were enjoyed in the Hanging Gardens of Babylon. This flavorful herb became a staple throughout Asia and Europe and gained popularity across the Atlantic when the Spanish brought the plant to Latin America in the 16th century.

Even though cilantro and coriander come from the same plant, they have significantly different flavors and uses. Cilantro is from the leaves of the *Coriandrum sativum* plant, while coriander comes from the seeds.



Dietary



Dilute

BENEFITS & FEATURES

- Promotes overall wellness and supports a healthy immune system*
- Promotes internal cleansing*
- Supports the digestive system when combined with a healthy lifestyle*
- Adds a bright, sharp, and flavorful addition to recipes calling for fresh cilantro
- Non-GMO Project Verified

SUGGESTED USE

- Combine 1 drop of Cilantro Vitality with 1 drop of olive oil in a vegetable capsule and take it after meals to support a healthy immune system.
- Add 1 drop of Cilantro Vitality and 1 drop of Lime Vitality to your favorite salsa or guacamole recipe.
- Add to soups, curries, dips, dressings, sauces, and marinades for a delicious flavor boost.

CILANTRO VITALITY™



DIRECTIONS

- Dilute 1 drop with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily.
- Substitute Cilantro Vitality for fresh cilantro in recipes.
- Add 1-2 drops to water, tea, or smoothies.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

INGREDIENTS

Supplement Facts	
Serving Size: 1 drop	
Amount Per Serving	%DV
Cilantro (Coriandrum sativum) [†] leaf oil	60 mg**
**Daily Value (DV) not established.	

[†]100% pure, therapeutic-grade essential oil

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Cilantro Vitality on its own?

A. Dilute 1 drop of Cilantro Vitality with 1 drop of carrier oil in a capsule and take up to 3 times daily or as needed. Substitute Cilantro Vitality for fresh cilantro in recipes. Add 1-2 drops to water, tea, or smoothies.

Q. How much Cilantro Vitality should be used when substituting for fresh or dried cilantro in recipes?

A. Because of the oil's high potency, start with dipping a toothpick in Cilantro Vitality and swirling it through your ingredients for a light cilantro flavor in your dish. Add more as needed.

Q. Can Cilantro Vitality be diffused or applied topically?

A. Cilantro Vitality is not labeled for aromatic use or topical use.

Q. Does Cilantro Vitality contain GMOs?

A. Cilantro Vitality, along with all of Young Living's Vitality oils, is Non-GMO Project Verified.

COMPLEMENTARY PRODUCTS

ImmuPro™
Chewable Tablets
Item No. 3213



Coriander Vitality™
Essential Oil
Item No. 5635



Ginger Vitality™
Essential Oil
Item No. 5588



Lime Vitality™
Essential Oil
Item No. 5591

