

## PRODUCT SUMMARY

Lemongrass essential oil has origins in Southeast Asia, though it is now cultivated in countries around the world. It is distilled from the leaves and woody stalks of the lemongrass plant, and it produces a subtle citrus-herb scent. Lemongrass oil offers a sophisticated and relaxing aroma that can transform your home's environment into a comforting sanctuary.

Try diffusing Lemongrass for an aroma that can inspire a sense of clarity and relaxation for you and your family. Enhance daily chores by adding Lemongrass to your cleaning products, dishes, and laundry. By adding 3–4 drops to a sink full of dishes, a load of laundry, or your all-purpose cleaner formula, you can transport yourself with an exotic, clean-smelling boost. Lemongrass oil's relaxing aroma also makes it a great complement to a post-workout massage.

## KEY INGREDIENTS

Lemongrass essential oil

## EXPERIENCE

Lemongrass has a citrus-herb scent that can be diffused to help purify the air from musky odors or applied topically for skin-cleansing benefits.

## PRODUCT BACKGROUND

Lemongrass recalls exotic locales and warm winds and adds a subtle scent of citrus to the air. Lemongrass (*Cymbopogon flexuosus*) belongs to the Poaceae family, the flowering plants known as grasses. The plant is native to Southeast Asia, South America, and other tropical locations where warm, moist climates encourage its growth.

One of the primary sources of Young Living's Lemongrass essential oil is the Finca Botanica Farm in Guayaquil, Ecuador. You can find Lemongrass in some of Young Living's most popular products, including Ortho Ease® Massage Oil and Ortho Sport® Massage Oil.



## BENEFITS & FEATURES

- Has skin-cleansing properties
- Enhances massage after activity
- Purifies the air from bad odors
- Reduces musky aromas in moist, damp environments

## SUGGESTED USE

- Add Lemongrass to your nightly face regimen for its skin-cleansing benefits.
- Dilute Lemongrass with V-6™ Vegetable Oil Complex for massage after workouts, sports, or just a long and busy day.
- Diffuse 8–10 drops in your favorite diffuser or add a few drops to your cleaning formulas to fill your home with the clean and refreshing smell of Lemongrass and to help with musky odors.
- Make your own substitute for chemical-based air fresheners. Add up to 10 drops to a small spray bottle filled with distilled water and spritz it over carpets, furniture, and linens to eliminate stale odors.

# LEMONGRASS



## DIRECTIONS

**Topical:** Dilute 1 drop with 4 drops of V-6™ Vegetable Oil Complex or olive oil. Test on a small area of skin on the underside of your arm and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## INGREDIENTS

*Cymbopogon flexuosus*<sup>†</sup> (Lemongrass) oil

## ALSO AVAILABLE

Lemongrass Vitality™ Essential Oil (Item No. 5626)

## FREQUENTLY ASKED QUESTIONS

**Q. Can Lemongrass essential oil be ingested?**

A. Lemongrass is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products. For an excellent dietary option, try Lemongrass Vitality essential oil.

**Q. Does Lemongrass essential oil need to be diluted for topical application?**

A. Dilute 1 drop with 4 drops of V-6 Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Q. Is there a UV warning associated with Lemongrass essential oil?**

A. No, Lemongrass essential oil is not known to cause photosensitivity.

## COMPLEMENTARY PRODUCTS

Lemon Essential Oil  
Item No. 3578



Peppermint Essential Oil  
Item No. 3614



En-R-Gee™ Essential  
Oil Blend  
Item No. 3336



V-6™ Vegetable Oil  
Complex  
Item No. 3031

